Lunch Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Vegan Cream of Pea Soup with freshly baked bread | Curried Parsnip and Apple Soup with freshly baked bread | Broccoli and Potato Soup with freshly baked bread | Roasted Tomato Soup with freshly baked bread | Creamy Vegetable Soup with freshly baked bread |  |
| Main Course | Main Course I | Main Course I | Main Course I | Main Course I | Main Course I | Main Course |
| Grilled Salmon Tacos with chipotle and lime yoghurt Mexican rice | New York Pretzel Burger Bar Beef Burger topped with tomato, gherkin and melted gouda cheese | Apricot Glazed Chicken served on a bed of sprouting broccoli, lemon and couscous | Pasta Bar <br> Slow cooked Beef and Bean Ragu served with spaghetti | QM Roast Beef served with Yorkshire pudding and homemade gravy | QM Friday Fish Bar Breaded Fish Fillet Fish Finger Butty | QM Deli Bar <br> Hot Toasties <br> Cajun Chicken \& Mozzarella Ham \& Cheese Sorrento Meatball Sub |
|  | Steamed White Fish served on Asian noodles finished with a soy and sweet chilli dressing | Homemade Giant Sausage Roll served with a sweet tomato chutney | Chicken Pasta Bolognas | Pitta Bread Pizza Bar <br> Pepperoni Vegan Feta Cheese | Roasted Sweet Potato \& Fish of the Day served with a lemon parsley sauce | Classic Sandwiches <br> BLT <br> Coronation Chicken |
| arian and Vegan O | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option |
| Mexican Bean Wrap served with sour cream and salsa Mexican Rice | Pretzel Bun with Beetroot and Chilli Falafel Burger topped with melted gouda cheese | Greek Courgette and Feta Cheese Frittata, homemade rocket pesto | Creamy Vegan Sausage and Spinach Pasta Sauce | Cauliflower Wellington stuffed with a mushroom and cheese pate served with a rich tomato sauce | Roasted Squash, Red Pepper and Feta Cheese Puff Pastry Tart | Hot Toasties Mozzarella, Tomato and Basil <br> Classic Sandwiches Egg Mayonnaise and Cress Cheese and Tomato |
| Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes |
| Rice Sauteed Sweetcorn on the Cob | Homemade Jacket Wedges Sweetcorn Side Salad | New Potatoes Roasted Mediterranean Vegetables | Pasta <br> Garlic Bread Steamed Broccoli | Crispy Roast Potatoes Steamed Carrots Green Beans | Chipped Potatoes Mushy Peas Baked Beans Garden Peas | Crisps <br> Mixed Salad topped with Crispy Onions |
| Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings |
| Dessert | Dessert | Dessert | Dessert | Dessert | Dessert | Dessert |
| Selection of Cold Desserts | Chocolate Sponge and Chocolate Sauce | Coconut and Lime Cheesecake Pot | White Chocolate Muffins | Filo Apple Pie and Vanilla Cream | Creamy Rice Pudding and Fruit Compote | Vanilla Muffins |

