Lunch Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Tomato and Basil Soup with freshly baked bread | Classic French Onion Soup with freshly baked bread | Chunky Leek and Potato Soup with freshly baked bread | Courgette and Leek Soup with freshly baked bread | Vegetable Soup with freshly baked bread |  |
| Main Course | Main Course I | Main Course I | Main Course I | Main Course I | Main Course I | Main Course |
| Light Chicken Tray Bake <br> Skinless chicken roasted with sweet potatoes, carrots, red onion, fresh tomatoes, thyme and coriander served with paprika yoghurt | Sausage Bar served with creamy mashed potato caramelized red onion sauce | Sichuan Chicken served with Singapore style noodles | Pasta Bar <br> Classic Beef Bolognese | QM Roast Day <br> Lemon and herb roasted turkey with Yorkshire pudding, gravy and cranberry relish | QM Friday Fish Bar Battered fish of the day Scampi and homemade tartar sauce | It's a Wrap Build your Own |
|  | Main Course 2 | Main Course 2 | Main Course 2 | Main Course 2 | Main Course 2 | Tex Mex chicken and sour cream <br> Asian beef with crispy onions |
|  | Steamed White Fish on Asian noodles with soy and sweet chilli dressing | Panini Bar <br> Ham and cheese Cheese and sautéed red onions | Sweet Tomato and Basil pasta sauce | Toasties Bar <br> Bacon, tomato and cheese melt <br> Spinach, tomato and cheese melt | Steamed Fish of the Day served with a dill and mushroom sauce | Turkey club |
| Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option | Vegetarian and Vegan Option |
| Vegan Stuffed Peppers with melted vegan cheese served on a bed of giant couscous | Butternut Squash and Sage Risotto topped with Quorn sausages | Vegan Ramen chunky, tofu cubes, pak choi, peppers finished in a miso broth topped with crispy spring onions | Cheesy Broccoli Pasta Bake | Vegan Sweet Chilli Falafel served with cauliflower tabbouleh, rocket, lemon oil and flat bread | Mexican Street Vegetable Tacos served with sour cream and tomato and sweetcorn salsa | It's a Wrap Build your Own Avocado, Mozzarella and Pesto <br> Rainbow Veg and Melted Cheese |
| Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes | Vegetables and Potatoes |
| Minted New Potatoes Sautéed Courgettes and Peas | Mashed Potato Green Beans and Fresh Tomatoes | Noodles Broccoli Asian Vegetable Stir-Fry | Steamed Sweetcorn Garlic Bread | Crispy Roasted Potatoes Steamed Carrots Cauliflower Cheese | Chipped Potatoes <br> Baked Beans <br> Mushy Peas Garden Peas | Sweet Potato Wedges Salad Bowl and Pasta Salad |
| Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings | Jacket Potatoes with various hot and cold toppings |
| Dessert | Dessert | Dessert | Dessert | Dessert | Dessert | Dessert |
| Selection of Cold Desserts | Pear, Apple and Ginger Crumble and Custard | Chocolate Pot Mousse | Plum Sponge Pudding and vanilla custard | Chocolate Mint Muffins | Summer Fruit Fool | Selection of Cold Desserts |

